



# Between Tools and Rules

Merlin Mann / [43Folders.com](http://43Folders.com)

Thanks.

# How I got here

- The Lonely Project Manager
- Too much *too much*
- Behind forever
- Ouch.

# Along comes GTD

- Practical & tactical
- Focused on action
- Bottom-up
- Dealing with “stuff”

# How I define GTD

A framework for making progress on the projects that are important to you.

# Meaning...

- **Framework**
  - not just a bunch of rules
- **Progress**
  - all about the action
- **Important to you**
  - build a firewall

# How I define GTD

A framework for making progress on the projects that are important to you.

Lacking a gene

# Then there was “43 Folders”

- September, 2004
- Started as a parking lot
- Big with the geeks
- Filled a need
  - (for what?)

# Crazy modern life

- Rapid technology changes
- Overwhelming input
- Self-management
- Geeks need the help

# The good thing.

- Vocabulary
- Forum
- Community

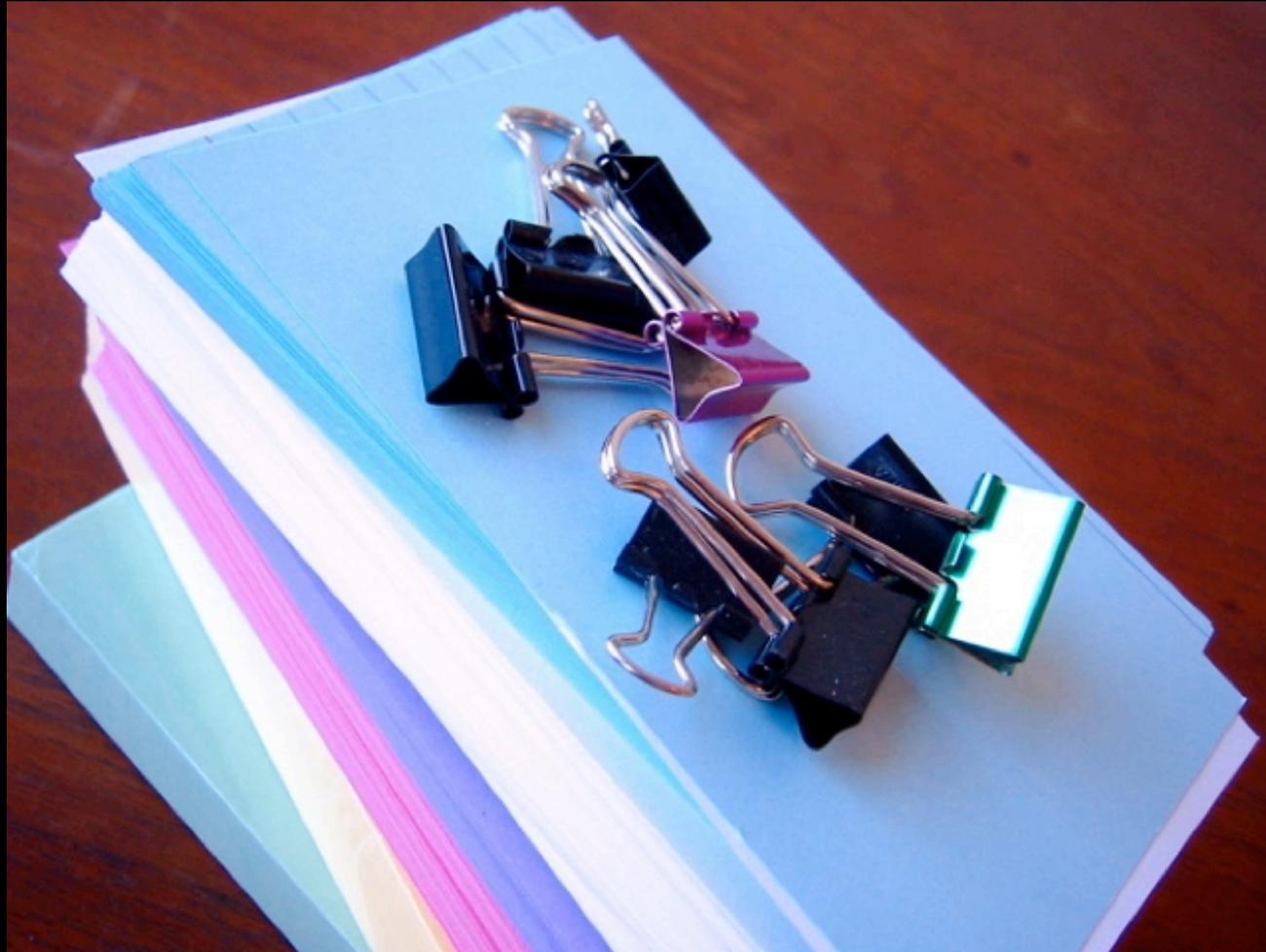
Funny thing.

# Popular posts

- **Getting Started with GTD**
  - [gtd.43folders.com](http://gtd.43folders.com)
- **Introducing the Hipster PDA**
  - [HipsterPDA.com](http://HipsterPDA.com)

# Hipster PDA

(some assembly required)



# Popular posts

- GTD = Framework & **rules**
- HPDA = Technology & **tools**

So?

Geeks like gadgets, tricks,  
and squirrely systems.

# The elephant in the room

Behavior.



# Comprising...

- Attitude
- Activities
- Decision-making
- Self-aware action

# Ugly bird houses





# Case study

The Miracle of Email

Remember 1995?

# The promise

- Untethered access!
- Work on your own!
- No meetings!
- No pants!

So.

How's **your** inbox today?

# 3 hours a day

"Information Mapping claims that 80% of those surveyed deem email writing skills are extremely or very important to the effectiveness of doing their jobs. 65% of the respondents spend from 1-3 hours per day reading and writing emails, with 40% "wasting" 30 minutes to 3 hours reading "ineffectively" written emails."

— ZDNet, 11/1/2005

# My poor friend

- 200 emails a day
- Mostly internal
- Almost all actionable

# Tech paces us again

- Mobile phones
- Blackberry
- Return of tethers, meetings, pants

# What happened?

- Ubiquity
- Higher expectations
- K Street's hated pants lobby?

# Bottom line

Our behavior lags our tech by *years*.

Are we screwed?

Well. Kinda.

Hacking  
through.

a/k/a

*Getting Buddhism Done*



# Mindfulness

- Stay awake
- Turn down the volume
- Choose change carefully
- Resist fiddling

# Metro-technical

*n.* Someone who's willing to try ANY piece of software or hardware for at least a week until the shine wears off and they go sniffing for the next buzz.

[muledesign.com/hoof](http://muledesign.com/hoof)

# 5 things you can do *tomorrow*

- Decrease auto mail checking time
- Jot down one dumb problem
- Run a dash
- Leave water in the well
- Call Mom

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