# Tinderbox & "The Trusted System"

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#### Today

- Getting Things Done
- The Trusted System
- **Better Practices**
- **You**



## Getting Things Done: The Art of Stress-Free Productivity

- Book by David Allen
- Published 2001





### GTD in a Nutshell

(says Merlin)

A framework for making progress on the projects that are most important to you.



#### GTD is different

(in a good way)

- **Bottom up**
- Start with the little stuff
- This is where you live



#### 5 Pillars of GTD

- Get stuff out of your head
- Higure out what it means to you
- Put it into a "trusted system"
- Complete tasks contextually
- Review and refactor regularly

### The Trusted System 2 sides of a coin

- "I know I have to think about my work, but..."
- "...I shouldn't have to constantly think how I do my work."





#### Trusted System includes...

- Tools & Technology
- **Behaviors & Habits**
- Decision-making & Choices



#### Choosing a Trusted System

- Available
- **Familiar**
- **Low-Maintenance**





# The Paradox of the Trusted System

- Must be transparent and intuitive...almost invisible
- Must be maintained and must evolve
- Must not replace your actual work

### Beware!

The Fractal Productivity Spiral

(Don't shave a yak.)



#### What is it?

"It's turtles all the way down"



#### Symptoms of FPS

- Constant fiddling
- **Blown deadlines**
- Anxiety
- Over-thinking
- Process overshadows results

#### **Better Practices**

- **Self-aware**
- Fail fast
- Back on the horse
- Turn everything off



# What about your Trusted System?

How are you making Tinderbox work?



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